

NON - TECHNICAL



NON

EVENTS

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TECH

MON NON YECH FECH



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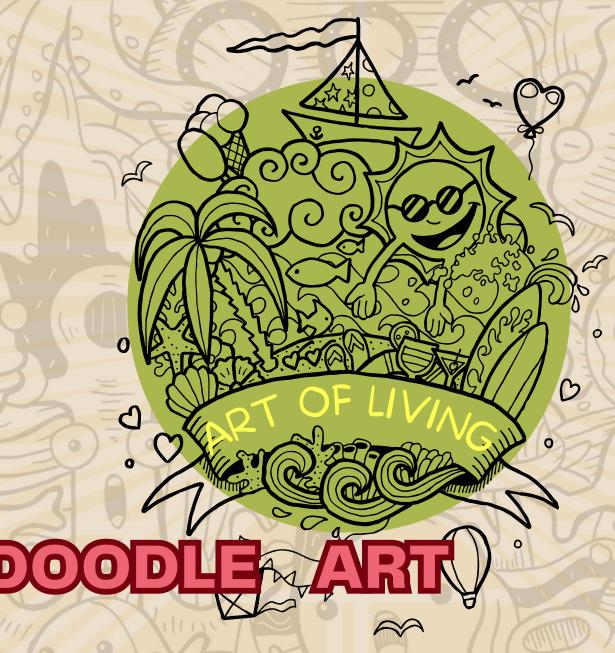


KESHVI SOOD (6280036120) ANANT SINGH JANJUA (9779544030) MOHAMMAD SAQIB (9878835224)

- There are no entry fees for the event.
- Each team should consist of two members: one painter and one model.
- The participants will be given 60 minutes to complete their painting.
- Participants must follow the given theme.
- Only skin-friendly, non-toxic paints are allowed. Participants are required to bring their own brushes, sponges, and paints.
- Painting is to be done only on the face, not on other parts of the body.
- Additional props, accessories, or decorative items other than paint are not allowed.

- Participants must maintain cleanliness and ensure no harm is caused to the model's skin.
- Creativity, relevance to the theme, neatness, and overall visual impact will be considered.
- The decision of the judges will be final and binding.
- Theme: Fantasy and Mythology
- Requirement:
- All participants will receive a participation certificate.





IT'S TIME TO DOODLE

- There are no entry fees for the event.
- The competition can be individual only (one participant per entry).
- Participants will be given 60–90 minutes to complete their doodle.
- Doodles must follow the given theme announced for the event.
- Participants should bring their own pens, markers, pencils, and sheets (unless provided by organizers). Only black-and-white doodles or coloured doodles may be allowed, depending on instructions.
- Artwork should be created on an A3-sized sheet only.
- The doodle must be original and hand-drawn.

 Tracing, stencils, or digital tools are not

 permitted.

 student COORDINATORS -

KESHVI SOOD (6280036120) ANANT SINGH JANJUA (9779544030) MOHAMMAD SAQIB (9878835224)

- The doodle should primarily be visual; use of excessive words or slogans is not allowed unless specified.
- Sheet must be neat, without smudges or tears.
- Creativity, theme relevance, uniqueness, presentation, and overall impact will be considered.
- The jury's decision will be final and binding.
- Theme: Youth and Freedom





IT'S TIME TO SHORT

- 1. Eligibility: Open to all students from participating colleges. Each team of 4–5 members may submit one documentary-style short film.
- 2. Theme: Breaking the Silence on Mental Health The short film should highlight mental health awareness, destigmatization, coping strategies, or youth well-being, linked to Sustainable Development Goal 3: Good Health and Well-being.

3. Format & Registration

Film duration: Minimum 5 minutes, Maximum 7

minutes

Format: MP4 or MOV, 1080p recommended
Original content is mandatory; stock or AI-generated
content is not allowed
Subtitles recommended if using regional language

4. Disqualification Grounds: Entries will be disqualified for late submissions, non-original or plagiarized content (including copyright violations), exceeding the time limit, or containing offensive/inappropriate material.

5. Judging Criteria: Creativity & Originality 40%, Relevance to Theme 30%, Storytelling & Clarity 20%, Technical Quality 10%.

7. Submission Instructions:

Films must be original, team-created, research-based documentary-style content.

File Naming:

TeamName_College_FilmTitle.mp4.
Submitted films may be screened in college exhibitions or online events with proper credit.

8. General Rules: Judges' decisions are final and binding. Participants must maintain college decorum during any live screenings and carry a valid college ID.





IT'S TIME TO SPEAK

- 1. Eligibility Open to all students from participating colleges .Each participant can perform one entry only.
- 2.Theme: Participants may choose one of the following categories:
- i. Spoken Word / Poetry Expressive, emotional, or thought-provoking poetry.
- ii. Humor / Comedy / Satire Short, relatable, audience-engaging performances.
- iii. Storytelling / Monologue Personal stories, inspirational tales, or campus anecdotes.

3. Format & Registration

Performance time: 3-5 minutes per

participant

Mode: Spoken word, poetry, storytelling, or

short monologue

Language: English, Hindi, or bilingual

Registration via Google Form with a fee of

₹100 per participant

Participants must register before the deadline and appear on the event day on time

4. Disqualification Grounds: Participants will be disqualified for late arrival or exceeding the time limit, offensive/inappropriate or plagiarized content, failure to adhere to the theme, or disrupting event decorum.

- 5. Judging Criteria: Expression & Delivery 40%, Content & Creativity 30%, Audience Engagement 20%, Clarity & Pronunciation 10%
- 7. Submission & Performance
 Instructions: Participants must perform
 live on stage (no pre-recorded entries),
 maintain college decorum, and carry a
 valid college ID





PHOTOGRAPHY

COMPETITION

- 1. Eligibility:Open to all students from participating colleges. Each participant can submit up to three original photographs adhering strictly to one of the chosen themes.
- 2. Theme & Topic: Participants may select any (one) of the following Punjab-specific themes: Colors of Punjab Festivals, traditional attire, folk art

Punjab: Tradition Meets Modernity – Rural & urban lifestyle

Agriculture & Life in Punjab – Fields, harvest, farmers

Punjab Through My Lens – Student's perspective of the state Heritage & Monuments of Punjab – Historical sites, forts, gurdwaras

3. Format & Registration
Photographs must be submitted as framed prints
(max A4 size; 21 × 29.7 cm).

Originality is mandatory; stock or pre-owned images are not allowed.

Basic editing (cropping, brightness, contrast) is permitted; excessive manipulation is prohibited. Digital entries of the same must include a geotag and be submitted via email at [EMAIL ID] on or before [Set Deadline]

4. Disqualification Grounds
Late submissions
Non-original or plagiarized photographs
Excessively edited images
Offensive or inappropriate content
Missing geotag for digital entries

5. Judging Criteria

Creativity & Originality 40%, Relevance to Theme 30%, Composition & Framing 20%, Overall Visual Impact 10%.

7. Framing Guidelines for Winners
Three Frames to be submitted by a student.
High-quality prints on A4 or A3 photo
paper.

No watermarks or signatures allowed. Framing Details: Framed entries should display PARTICIPANT NAME in capital letters (Arial/Calibri, 14–16 pt) and College Name in normal case.

8. Submission Instructions
Digital entries: Submit via email or
Google Drive link; include geotag.
Printed entries: Submit on the day of the competition.
File Naming Convention:
Name_College_PhotoTitle.jpeg
No watermarks or signatures on entries.

9. General Rules
Judges' decisions are final and binding.
Participants must maintain college
decorum during live rounds if applicable.
Participants must carry a valid college ID.
Submitted entries may be showcased in
college exhibitions or other events with
proper credit to participants.



Theme

Jewels from Junk: It encourages participants to design innovative jewellery pieces using discarded or waste materials. Items such as old buttons, broken bangles, wires, fabric scraps, beads, e-waste components, and packaging materials can be reimagined into creative fashion accessories.

Rules and Regulations

- 1. There are no entry fees for the event.
- 2. Participants must use only waste or discarded materials (paper, fabric scraps, cardboard, cans, etc.).
- 3. Pre-made jewellery or readymade decorative elements cannot be used.
- 4. Each participant/team will get 1–1.5 hours to complete the activity.

- 5. Judges will evaluate based on creativity, utility, sustainability, and overall presentation.
- 6. Team size: individual or group of a maximum of 2–3 members.
- 7. Participants must present their idea in a brief explanation (2–3 minutes).
- 8. The final product should be safe, durable, and easy to handle, and will be submitted to the college.



1. Eligibility & Participation
The competition is open to registered students
from recognized colleges/universities.
Participation can be individual or in teams
(max 12–15 members including models,
designers, and coordinators).
Each team must have a team
leader/spokesperson for coordination with the
organizers.

Teams must present their collection based on the given theme.

Outfits must align with the chosen theme. Use of eco-friendly, sustainable, or innovative materials will be awarded extra points.

Costumes must maintain decency and avoid offensive, religiously sensitive, or politically controversial elements.

Each team will be given 8–12 minutes to showcase their sequence.

Exceeding the time limit will lead to Disqualification.

Teams must submit their background music (in MP3 format) at least 2 hours before the event.

No obscenity, abusive language, or copyright-violating music allowed. Props are allowed but must be manageable, safe, and cleared with organizers





Introduction

Welcome to the Escape Room Challenge! This rule book outlines the guidelines and expectations for participants to ensure a fun and safe experience.

Pre-Game Rules

- 1. Arrival Time: Plan to arrive 15-30 minutes before your scheduled escape room time to check-in and receive instructions.
- 2. Team Size: Ensure your team size meets the minimum and maximum requirements specified by the escape room venue.



Gameplay Rules

- 1. No Physical Force: Avoid using excessive force, breaking props, or damaging the room in any way.
- 2. Respect the Game Master: Follow instructions and hints provided by the game master to enhance your experience.
 - 3. Communication is Key: Share findings and work collaboratively with your team to solve puzzles.
- 4. Time Management: Keep track of time and prioritize tasks to maximize your chances of escaping within the time limit.

In-Room Etiquette

- 1. Search Thoroughly: Explore the room carefully, but avoid disrupting props or other teams.
 - 2. Handle Props with Care: Use props and objects as intended, and return them to their original state after use.
 - 3. Stay Focused: Minimize distractions and stay engaged with your team to solve puzzles efficiently.



Common Escape Room Challenges

- 1. Codes and Ciphers: Expect various types of codes, such as morse code, ciphers, or cryptic messages.
- 2. Pattern Recognition: Identify patterns in numbers, letters, or symbols to unlock clues.
- 3. Hidden Object Puzzles: Search for concealed objects or hints that can aid in puzzle-solving.



Tips for Success

- 1. Document Everything: Record clues, symbols, and patterns to track your progress.
- 2. Use Hints Wisely: Don't hesitate to ask for hints when stuck, and use them strategically.
- 3. Stay Calm and Collaborate: Work together with your team, and maintain a calm and focused attitude under pressure.



Introduction:

Chill & Grill: Without Fire is a fireless cooking competition that challenges participants to create innovative and delicious dishes without using open flames. This rule book outlines the guidelines and expectations for participants.

Team Rules:

- 1. Team Size: 4 members per team.
- 2. Registration: Teams must register in advance with their names, member details, and dish concept.

Cooking Rules:

- 1. Fireless Cooking: No open flames, grills, or fire-based cooking methods are allowed.
- 2. Ingredients: Teams must bring their own ingredients, and utensils.

STUDENTS CO-ORDINATOR:

- 1) VIDHISHA (8368243784)
- 2) SOYAM (9798900919)

3. Dish Theme: Teams must adhere to the specified theme.

Judging Criteria:

- 1. Taste and Flavor: 30%
- 2. Presentation and Visual Appeal: 30%
- 3. Creativity and Originality: 25%
- 4. Teamwork and Time Management: 15%

Competition Format:

- 1. Time Limit: Teams will have a set time frame (e.g., 60 minutes) to prepare and present their dishes.
- 2. Dish Presentation: Teams must present their dishes to the judges within the specified time frame.

Additional Rules:

- 1. Teams must follow proper food handling and storage practices.
- 2. Teams must maintain a clean and organized cooking station.
- 3. Teams must respect other participants, judges, and event staff.
- 4. Participants must carry their valid college ID cards.
- 5.Only registered college students are eligible to participate in the event.
- 6. Students from other colleges must carry a bonafide/student ID card issued by their respective institution.
- 7. Outstation participants (from other states) are requested to inform the organizers in advance for necessary arrangements.

Penalties:

- 1. Time Overrun: Teams exceeding the time limit will be penalized.
- 2. Non-Compliance: Failure to follow rules may result in disqualification or penalties.

Prizes:

Awarded to the team with the highest score, Creativity and originality.